





Why Test For Nitric Oxide?

Nitric Oxide (NO) is an essential molecule for heart health, fitness, and wellness. Achieving and maintaining optimal NO levels is vitally important for a healthy body and healthy life.

B-CARDIO[™] Nitric Oxide Test Strips are a fast, easy way to test and track your NO levels and help you validate the effectiveness of your nitric oxide health supplement to ensure you are reaching your target level.

To help you monitor your nitric oxide restoration process, it is recommended that you test your NO levels every day when you first begin taking B-CARDIO™. Monitoring your nitric oxide levels daily – before and after taking B-CARDIO™ – will allow you to see the change.

Easily Test Your NO Levels

Our non-invasive saliva test strips provide an accurate reading in just seconds. You can test at any time during the day. However, the best time to check NO levels is in the morning. You can also test before and after intense physical exercise or at a set time each day.

For best results, do not consume anything (including supplements) 2 hours prior to testing. Be advised that antiseptic mouthwash and antibiotics can also affect the accuracy of the results.

The results are instant and easy to read. Compare the color result on your test strip to the color chart. Each Nitric Oxide Test Strip can only be used once. Re-using a test strip will result in an inaccurate reading.

How To Use B-Cardio Test Strips

- 1) Test upon waking in the morning or 2 hours after eating, drinking, or taking supplements.
- 2) Before starting, wash your hands. Do not touch the test pad end of the strip with your hands.
- 3) Collect saliva in your mouth and spit it into a spoon or small cup.
- 4) Dip the test pad end of the testing strip into the salvia for 5 seconds. Be sure that the test pad is completely saturated with saliva. (Do not put the test pad end in your mouth.)
- 5) Then tap off any excess saliva and lay the strip horizontally on a flat surface.
- 6) Wait 15 seconds then compare your test strip with the color chart to the right.
- 7) Take B-CARDIO™ then wait 2 hours and test again to see the change in your results.
- 8) Share and post your personal testimonial (with photo of your before and after test strips) to any of the B-Epic social media groups.

Please note, there are enough test strips provided to repeat this process twice, if needed.

Results You Can See!

- Self-Test in Seconds
- Instant Results
- ✓ Fast and Convenient

TEST RESULTS COLOR CHART

Very High

High

Target

Threshold

Low

Depleted

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat. cure. or prevent any disease.

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