



Directions, Ingredients & Supplement Facts

SUGGESTED USE: Take 1 capsule a day with 8 ounces of liquid. Can be taken with or without food. Recommend taking at least 6 hours before bedtime to not hinder sleep.

CAUTION: Contains approximately 150 mg of caffeine per serving.

CAUTION: Consult your physician before taking this or any health supplement, especially if you are pregnant or nursing, have a medical condition, are taking prescription drugs, or are under the age of 18.

STORAGE: Store in a cool, dry place to maintain freshness.

Vegan-Friendly and Gluten-Free

Statements have not been evaluated by the Food and Drug Administration. Product is not intended to diagnose, treat, cure, or prevent any disease.

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Supplement Facts			
Servings Per Container: 30			
Serving Size: 1 capsule			
Amount Per Serving		% DV	
Whole Food Derived Fruit & Vegetable Nutrient Extract Blend	225 mg	†	
Spinach, Broccoli, Carrot, Tomato, Beet, Shiitake Mushroom, Apple, Cranberry, Cherry, Orange, Blueberry, Strawberry			
Nature's Energy & Clarity Blend	310 mg	†	
Guarana Seed Extract, Bacopa Monnieri 45%, L-Theanine, Caffeine, Green Coffee Bean Extract, Yerba Mate Extract, Yohimbine HCl (5 mg), Thiamine HCl, Niacinamide, D-Calcium Pantothenate, Riboflavin, B12 Methylcobalamin			
Adaptogen Super Blend	150 mg	†	
Reishi Mushroom Extract, Chaga Extract, Cordyceps Extract, Rhodiola Rosea Extract			
Bioavailability Booster Blend	25 mg	†	
Trace Mineral Blend, Black Pepper Extract			
Vitamin A	50%	Vitamin B3	150%
Vitamin C	50%	Vitamin B5	100%
Vitamin D	50%	Vitamin B6	150%
Vitamin E	50%	Vitamin B7	50%
Vitamin K1	50%	Vitamin B9	50%
Vitamin B1	150%	Vitamin B12	2000%
Vitamin B2	150%		

† Daily Value (DV) not established.

Other Ingredients: Vegetable Capsule (HPMC, Chlorophyll, 100% Kosher and Halal certified and inspected)